



Instructions  
for Use Personal Prophylactic Hygiene Care  
Female Rectal Suppositories  
**SCHALI® Care-FE**  
Endocrine Disorders

**Instructions for Use**  
**Personal Prophylactic Hygiene Care**  
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**Endocrine Disorders**

SCHALI® Care-FE Rectal Suppositories are a female personal care hygiene product intended to relieve arrhythmia conditions, high arterial tension, tremor, headache, and improve cerebral blood supply in scope of complex treatment and prevention of endocrine and lymphatic system disorders.

**PRODUCT FORM:**

Lubricating prophylactic suppositories, 2 g.

**INGREDIENTS:**

The product contains environmental friendly biocompatible ingredients of plant and mineral origin.

Cocoa butter, Bee glue, Chelidoni herba leaves extract, Camelliae Sinensis non fermentata folia extract, Shilajit, Griffonia simplicifolia seed extract, Titanium dioxide.

**MECHANISM OF ACTION:**

Based on natural plant oils and butters, minerals and phytoextracts, the product dissolves slowly in the rectum, where it is absorbed by rectal mucosa and exerts anti-inflammatory and regenerating effects. The product acts locally by strengthening vascular walls and improving microcirculation in capillaries. Plant and mineral ingredients and their constituents are capable of lowering fat absorption in the intestine by suppressing pancreatic ferment – lipase, affecting fat splitting, giving rise to removal of intact fats and in this way supporting liver function.

Active ingredients of the product may relieve inflammation, pain, inhibit generation of antibodies to thyroid body and promote all types of metabolism.

Griffonia simplicifolia induces female endocrine system, affects non-specific reactivity, and regulates metabolism.

Shilajit promotes metabolism of lipids, carbohydrates, fats and minerals as well as biochemical and physical processes in intracellular structures of pancreas, adrenal cortex and other main organs, resulting in better resistance against harmful endo- and exogenous stress factors and better adaptation to physical burden. Adaptogenic effect is related to numerous macro- and microelements of Shilajit constituents, which induce female pituitary – adrenalin system and have neurotropic action, particularly pro-adrenergic effects.

The product is intended for personal care purposes, has preventive action and may be used as a complex therapy agent in treatment of a wide range of endocrine and lymphatic system disorders for lower vascular penetrability, less oedema and inflammation in thyroid gland.

Hypoallergenic product.

**INDICATIONS:**

- Obesity
- Diabetes conditions
- Thyroiditis
- Thyrotoxicosis

### **METHOD OF USE:**

For rectal use only.

Take the product out of the package with clean hands and insert, pointed end first, into the rectum, while lying on your side. Apply one suppository 2 times a day for one month. Extend your course of treatment up to 90 days, if necessary.

### **SIDE EFFECTS:**

No side effects found.

No product dependence and no rebound syndrome.

### **CONTRAINDICATIONS:**

Do not use during pregnancy. No other contraindications detected.

### **STORAGE CONDITIONS:**

Keep the product in a dark cool place at the temperature between +4°C and +15°C.

### **SHELF LIFE:**

Shelf life is 2 years from the date of production.

Do not use the product after expiration of the date of production, specified on the package.

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